



Ancient Pact
Volume I: The Element of Air
Caryn Colgan
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Good Spirited Company

SPIRITUALLY-THEMED fiction is growing in popularity, and authors like Caryn Colgan are answering the call to meet the needs of its readers. Her book, *Ancient Pact*, is an intriguing and compelling story of mystery, past lives, and karma. There are mystical beings from ancient times: priestesses, goddesses, peasants, and Amazon warriors interwoven into the life of the main character, Karan Coleman.

Karan is a modern-day woman whose life is filled with challenges. She has a career that seems to be spiraling out of control, and she's having dreams of prior lifetimes—dreams which may hold the answers to her waking dilemmas. She also has been befriended by Illianna, a strange and mystical woman who wants to help her to understand the metaphysical mysteries that she is struggling with.

In addition to Karan, all of Colgan's characters are so vividly described and developed that I connected with them immediately and was drawn into each aspect of them, and the interactions between them. I found her ability to convey adventure, mystery, and an awareness of the unknown spellbinding.

At the beginning of the book Colgan lists the following quotes: "All is one," "Only a free mind knows reality," "Reality is greater than perception," and "Karma rules until free will changes it." I found by the end of the book I understood how true these statements really are.

Caryn Colgan resides in Reno, Nevada. She is an active community volunteer and an international speaker on personal and spiritual growth. She hopes that *Ancient Pact* will not only entertain readers but also be a catalyst for humanity to learn a better way of co-existing with other humans and with our planet. I didn't want to put this book down and I am looking forward to her next book, *Ancient Pact, Volume II: The Element of Water*.

Mary Porter